

UMS holds a roleplay themed 'Good Touch, Bad Touch'

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RANAU: Universiti Malaysia Sabah (UMS) medical students performed a roleplay themed "Good Touch, Bad Touch" to create awareness on 'dos and don'ts' regarding strangers and "inappropriate touching" for primary school-aged student in Sekolah Kebangsaan Kundasang, here recently.

The programme leader, Syazreen Farlina says it was held regarding to the big concern of students' parents who raised the issue of child safety and abuse which were often reported in the media.

"To address this, the feedback from the teachers and the school's headmaster indicated the roleplay performance was received very favorably as child safety and abuse prevention is an emerging issue that educators need to be aware of," she said after ten days health promotional by students from the Faculty of Medicine and Health Sciences (FMHS) in Kampung Lembah Permai, Ranau.

The awareness program was one of many activities which been held by a group of 17 medical and nursing students of FMHS UMS.

According to Syazreen, during their stint,

they also had managed to identify several health issues among villagers such as hypertension and diabetes.

"These are most likely due to their poor lifestyle habits and lack of awareness on pesticide related health hazards. To address some of the health issues, our group conducted several health education programmes on hypertension-diabetes prevention and talk on proper handling of pesticide," she added.

Towards the end of the programme, focus-group feedback with Kg Lembah Permai villagers indicated that the UMS's rural outreach health promotion programme was an overwhelming success.

The village head of Lembah Permai, Japarin Uyun expressed his heartfelt gratitude as the health promotion had a tremendous impact in raising health awareness among the villagers.

"The commitment and enthusiasm by these bright and young students from UMS is nothing short of amazing, it goes to show that youths can make a difference in the lives of kampung folks," he said.



Group photo of UMS medical and nursing students. Also seen Syazreen (standing, fourth left).