



**POWERHOUSE ...** UMS team bagged four gold, two silver and three bronze medals at the recent Shorinji Kempo tournament here.

## UMS shorinji kempo exponents shine

BP 19.11.2014 20

**KOTA KINABALU:** Universiti Malaysia Sabah (UMS) exponents proved their prowess in the 5th Sabah Taikai Shorinji Kempo tournament that ended at the Menggatal Community Hall near here recently.

UMS bagged four gold, two silver and three bronze medals where they capped an outstanding outing by dominating the podium for Kumi Embu (Pair Forms) event.

Gold went to the impressive combination of Athirah Ahmad Zukhi, Sonia Angel, Daniel Alfred and Md Izuddin Idris while fellow UMS exponents Ahmad Sazwan Sahelin, Syah Ridznan Nayan, Siti Amalina Shafiee and Nur Afifah Mohd Yusop took the silver.

The bronze medallists were Muna Athirah Hadzir, Eswari a/p Sanasi, Shazlen Ibrahim and Ain Zaharah Yasri also of UMS.

Athirah also added two personal golds for three overall after winning the women's Randori (free sparring) and women's Kata KYU Kenshi open.

UMS' fourth gold came from Shazlen who won the women's Randori 60kg event.

As for the silver, the winner was Angelina Ooi (women's Randori 50kg) while the bronze medallists were Izuddin (men's randori 60kg) and Sonia (women's Randori 50kg).

UMS head coach Datu Maslan Datu Masri is full of praise for his athletes who underwent three-week of centralised training.

Meanwhile, Kota Marudu were second in the standings with three gold, and one silver followed by Iramanis Dojo with one gold and two bronzes.

Eight golds were contested.

Organised by Sabah Shorinji Kempo Association, the tournament attracted around 150 athletes.

Sabah Sports Board general manager Penyuki Matta officially opened the tournament, representing Youth and Sports Minister Datuk Tawfiq Abu Bakar Titingan.

The tournament was also made even more prestigious with the presence of Indonesia Kempo president Sensei Indra Kartasamita, SEASKA president Sensei Kusumo and secretary Sensei Sutji.