



The match between UMS United Kota Kinabalu and Myteam Lahad Datu.

Back		00:00		Start	
serve jump failed (0)	serve jump1 (0)	serve jump2 (0)	set (0)		
serve float failed (0)	serve float1 (0)	serve float2 (0)	top (0)		
spike failed (0)	spike1 (0)	spike2 (0)	out (0)		
block failed (0)	block defend (0)	block attack (0)	fool (0)		
receive failed (0)	receive accurate (0)	dig failed (0)	dig accurate (0)		

'Easy tag' used in the volleyball analysis.



UMS sports science students doing an analysis on the volleyball matches.

UMS students use 'easy tag' to analyse volleyball teams' performance

BP 2-5-2014 14

By Johan Aziz

TAWAU: The sports science program of Universiti Malaysia Sabah School of Education and Social Development (SPPS), involving 15 sports science students, made analyses of volleyball matches in conjunction with Gaggil VC Tawau Open Volleyball Championship here.

The analysis using 'easy tag' was run throughout the three-day tournament.

UMS sports science lecturer Dr Mohamad Nizam Nazarud recently said the 'easy tag' qualitative analysis was usually used by coaches, teachers, physiotherapists and performance analysts.

He said the 'easy tag' was to distinguish the performance of individual athletes and teams.

According to him, 'easy tag' is an analysis of movement patterns where a player can be



Hassan

easily understood.

He said in general, this analysis could enhance athletic performance because coaches could identify advantages and

disadvantages through the analysis of movements.

"Weaknesses shown by players during a game will enable the coach to change the strategy.

"In addition, analysis of these games could also help coaches to see the weaknesses of opponents and therefore would be able to formulate strategies to overcome them," he said.

Dr Nizam said this analysis not only focused on the performance of an athlete but also to see the team's performance in a game.

Therefore, he said under-performing players should be given intensive training to be on par with the performance level of capable players.

According to him, the purpose of the volleyball match analysis was aimed at assessing the performance of individual players and groups.

Through this analysis, sports science students can gain

experience on how to analyze a game using more sophisticated technology.

Meanwhile, Gaggil VC Tawau Club chairman Hassan Haji Tarasan said the analysis was the first analysis done to help its coach to see potential players, and expressed hope that such analysis could be continued in the future.

The Gaggil VC Tawau Open Volleyball Championship attracted 14 teams in men category and 13 teams in the women category from all over Malaysia.

The men teams were Gaggil VC Tawau, One M VC Tawau, Gaggil VC Semporna, Belia VC Lahad Datu, Keris VC Sandakan, Garuda VC Sandakan, Kementerian Kesihatan Malaysia Sabah (KKM), Jabatan Penjara Tawau, PGA Batalion 17 Lahad Datu, Angkatan Tentera Malaysia A, Angkatan Tentera Malaysia B, SJK Tung Hua Sibul Sarawak,

Sekolah Sukan Tungku Mahkota Ismail (SSTMI) Johor and Brunei Amateur Volleyball Association (BAVA).

In the women teams were Gaggil VC Tawau, Taman-taman Sabah THP VC Tawau, Antique Team Lahad Datu, Myteam Lahad Datu, Angkatan Tentera

Malaysia, Ringgis Papar, Thung Tsin Kota Kinabalu, UMS UTD Kota Kinabalu, UiTM Kampus Sabah Kota Kinabalu, UMS-KAL Labuan, SJK Tung Hua Sibul Sarawak, Kolej Komuniti Kuala Terengganu (KKTU) and Brunei Amateur Volleyball Association (BAVA).