

UMS

creates new treadmill

run record

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KOTA KINABALU: Universiti Malaysia Sabah (UMS) has successfully broken the Malaysia Book of Records (MBR) for the country's longest group treadmill run, previously held by Universiti Institut Teknologi Malaysia (UiTM) Samarahan, Monday by clocking 144 hours.

Its athlete and record coordinator Stephanie Chok said the 144 hours clocked was actually just the minimum target set for six days run.

"Our target record to achieve was actually 264 hours and our athletes will try to increase the time set to as longer as possible although there are among our athletes those who have experienced injury," she said.

She said the heat was not only felt by the participating athletes but also the programme crews who have to face various daily challenges, while thankful that they all showed great commitment for a smooth programme.

One of the athletes, Zukilinsius Lairi, said he experienced ligament injury on the knee but that did not break his spirit but more of a moral booster to him and friends to continue on and achieve the target record.

A physically challenged athlete, Abner Moilie, who also took part in the event, said despite being tired after going through all the challenges he continued on because he did not want to disappoint all the parties concerned including his parents who were ever supportive to course.

UMS thanked all those in the university and public for their continuous support to the participating eight male and one female athletes. The run will continue until Jan 31.