

From left: Douglas Yu (PSZ), Dr Helen Lasimbang (UMS), Ir Teo Chen Lung, Azlan Ajak and Salbinous Saribun.

UMS official venue for KK inaugural duathlon

KOTA KINABALU: University Malaysia Sabah (UMS) is the official venue for Kota Kinabalu's inaugural duathlon to be held on January 26.

More than 200 participants, local and foreign, are expected to gather at the UMS Stadium

for the duathlon which consists of a 3km run, 30km cycling and another 7km run. The final stage will test the duathletes' endurance by running a hilly course at UMS before reaching the finish line.

Race director Ir Teo Chen

Lung met Azlan Ajak and Salbinous Saribun from the Chancellery Department, UMS.

The duathlon is organized by Performance Sportz. For more informaton check their Facebook page.