

UMS to attempt record treadmill run

By Murib Morpi

KOTA KINABALU: Universiti Malaysia Sabah (UMS) will be attempting to create a record for the longest treadmill run in a group ever done in Malaysia.

Nine runners, including one athlete with disabilities, will be taking part in the record attempt this January 21, where they will take turns to run on a treadmill for 11 days or 264 hours straight.

If they succeed, UMS will be listed in the Malaysia Book of Records for the Longest Run On A Treadmill By Group category, a befitting gift for the university as it celebrates its 20th anniversary this year.

Vice Chancellor Professor Datuk Dr Mohd Harun Abdullah said the attempt would be held at 1Borneo

Hypermall, to allow the public to witness and be part of the exciting moment.

"I am very proud with the effort, especially with the students taking the lead in the whole project," he said to reporters, noting that 98 per cent of those involved were all students from three faculties, namely the School of Sports Science, School of Education and Social Development, and School of Medicine.

Harun said such a brave effort would serve as motivation for other students and the UMS community as a whole to strive for greatness and excellence.

The record is currently being held by Universiti Teknologi Mara (UiTM) Samarahan, Sarawak Campus, who registered under the category in 2012.

The special athlete involved in the attempt, Abner Moillie, said he was all ready for the challenge, both physically and mentally.

"I have been preparing, practising for at least one and a half hour every day. I also look after my diet to ensure I'm in my best condition when I get on that treadmill," he said.

The 21-year-old second-year Sports Science student is visually impaired since he was a child but that did not stop him from being a crucial part of the huge project.

And that is not a surprise, given he was a bronze medallist in the long jump in the Youth Asian Paralympic Games Japan 2009.

Earlier, Harun said the sponsorship for the project was from Adabi Consumer Industri Sdn Bhd.



UMS Vice Chancellor Professor Datuk Dr Mohd Harun Abdullah (centre) and other invited guests with all the athletes after the cheque presentation yesterday.



Adabi Sabah Sdn Bhd representative presenting the mock cheque to UMS Vice Chancellor Professor Datuk Dr Mohd Harun Abdullah (second left) during the event yesterday.