

Health walk programme

on April 7

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KOTA KINABALU: The public is invited to join the Walk for Health 2018 programme organised by Faculty of Medicine and Health Sciences of Universiti Malaysia Sabah (UMS) which will take place on April 7.

According to a statement, the programme will start at UMS Chancellor Hall field as early as 7am with a distance of 1.5 kilometres.

It among others aims to raise awareness on health among the community as well as promote healthy living culture through walking activities.

With the theme 'Universal Health Coverage: Everyone, Everywhere', it also provides health screening, blood donation campaign and health exhibition at the Graduan page in the UMS chancellor hall, here.

The programme which is also jointly organised by the Sabah Medical Association (Perdesa), Sabah State Health Department (JKNS) and the Medical Student Association (Medstas) UMS, was held in conjunction with the World Health Day celebrated annually on the date to commemorate the establishment of the World Health Organisation.