

# Motivation programme to help community realise direction, goals of life

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By DEIDRE ILONA ANDREW

KOTA KINABALU: The 4 Dimensional Motivation Programme (WM4D) helps the community to realise the direction and goals of life for self-improvement as well as the development in the state and country.

Chief Minister Datuk Seri Mohd Shafie Apdal said, the programme which included a comprehensive discussion relating to inspiration, transformation, and motivation in the four-dimension which are "Emotion, Mind, Qalbu, and Spiritual (EMQR)" is relevant for that purpose and towards achieving social well-being.

"In my observation, the EMQR within an individual is the main factor influencing one's character as well as moral value and ability to rationally interact and react under challenging environment.

"It is important for the state government to work out other social securities such as religious freedom, protection of human rights

and the implementation of laws in protecting the importance of safety, well-being, and harmony of all citizens," he said this in his text speech which was delivered by Sabah Deputy Minister of Education and Innovation Mohammad Muhamirin during the officiation of the programme at Universiti Malaysia Sabah (UMS) Library, recently.

Shafie also voiced out his support for the topics presented during the programme which he deemed to be in line with the state government's policy, especially in the holistic education aspect in order to build multi-racial generations that love and respect each other, thereby strengthening racial harmony in the state.

"As the Chief Minister, I fully support this world-class programme and I hope that this would be expanded everywhere in the future," he added.

Almost 200 participants joined the WM4D programme which was jointly or-

ganised by UMS Library Department, Global Systematic Education (GSE) Sdn Bhd, and Sabah Islamic Organisation (USIA).

Earlier, GSE director Juali-azira Jamain stated that the programme is a comprehensive motivation programme which fills the four levels of human consciousness which are the emotion, mental, qalbu, and spirit.

"The society is increasingly raging especially involving internal emotion and mental issues, and thus the programme was planned through three main objectives which are to inspire the participants, to provide guidelines in transforming their negative EMQR into positive, and to enable them to continuously and effectively be motivated," she added.

Also present were UMS Deputy Head Senior Librarian Zawawi Tiyunin; UMS former first Head Librarian Che Salmah Che Mehamood, and UMS former second Head Librarian Dg. Rukiah Ag. Amit.



Muhamirin (4th left) during the officiation of the programme.