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OVERALL WINNER ... UMS taekwondo team emerged as the overall champion of the 1st Sabah Statewide Poomsae Taekwondo Championship that was held at the Dewan Datuk Seri Panglima Hj Mohd Dun in Beaufort from November 4 to 6.

They clinched the Open Category overall title after bagging four gold and two silver medals.

Raymond Toh Meng Hui and Bernicael both won gold medals in their respective events - the Individual Open C and Individual Open A respectively.

The threesomes of Helena, Dk Nurfarhanah, Chong Hui Ming also won gold for the varsity. They finished top in the Female Team Open A category.

Their fourth gold was contributed by the pair of Song Lu Biao and Helena, who shone in the Mix Pair Open A category while their second pair of Dk Nurfarhanah & Bernicael settled for silver as they made a one-two finish in the category.

UMS second silver was won by Song Lu Biao in the Individual Open A.

Pictures show UMS exponents pose for a group photo after the prize giving ceremony.

- FRANCIS XAVIER