

UMS cycling expedition

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THE Universiti Malaysia Sabah (UMS) Cycling Club organised a cycling expedition from UMS to Tanjung Aru beach under coaches Macson Enrico Eastermon and Oscar on Dec 1.

The club's slogan is "We Cycle, Recycle". This is because the expedition also involved cleaning up the beach and visiting the home of disabled children. The distance from UMS to Tanjung Aru beach is less than 20km. The objective of the activity was to encourage the club's members to experience something different from the university lectures.

After the opening ceremony by Student Co-curriculum and Development Centre Director Assoc. Prof. Abdul Jamad Abdullah Hamid, the expedition took off at 8am, escorted by traffic police and a Red Crescent ambulance, and took about an hour and 30 minutes to reach there. Upon arrival at the Tanjung Aru beach, the expedition divided themselves into groups of five and started their activities including cleaning up the beach.

Besides picking up the rubbish, they also promoted their activity to other visitors to instil awareness on maintaining a clean beach environment.