

Dr Helen (right) receiving the award and other prizes from Najib (third left) while Rosmah (second left) and Rosnah (third right) look on.

Kesatria Puteri' for dedicated P'pang doc

KUALA LUMPUR: A Sabahan woman, Associate Professor Dr Helen Benedict Lasimbang, is among 12 young women picked to receive the "Anugerah Kesatria Puteri" as a recognition for their contributions to their respective fields.

Dr Helen, 46, from Penampang, received the award for her contribution in the medical field and helping out rural communities by actively involved in Mercy Malaysia Sabah mission.

Prime Minister Datuk Seri Najib Razak handed over the award to Dr Helen at the "Himpunan Wanita Muda Negara 2012" held at the Putra World Trade Centre, here, Sunday.

Puteri Umno Malaysia jointly organised the first-time event with various non-governmental organisations of young women and youth clubs together with I.D.E.A (Inspiration, Dedication, Expression and Aspiration) Secretariat, chaired by national Puteri Umno Chief Datuk Rosnah Abdul Rashid Shirlin, who is also the Health Deputy Minister.

A medical graduate of Malaya University, Dr Helen started her career as a graduate medical officer at Queen Elizabeth Hospital in 1991 and her deep interest in obstetrician and gynaecology fields had encouraged her to continue her studies to the master's level at the same university.

Now, Dr Helen is a medical lecturer and consultant of the Department of Obstetrics and Gynaecology under the Medical Faculty at Universiti Malaysia Sabah (UMS).

The other 11 women achievers of the awards in different categories are Captain Norashikin Onn (Career Category), Pandelela Rinong (Sport), Norlina Alawi (Charity), Wan Norhayati Wan Alias (Journalism), Dato' Farshila Emran (Corporate), Fione Tan (Entrepreneurship), Roslinda Abd Majid (DJ Lin) (Radio Presenter), Datuk Siti Nurhaliza Tarudin (Art) and Jay Menon (TV Personality), Prof. Datuk -Dr Rohana Yusof (Education) and Haniesah Lai (Indigenous).

The highest award, known as Nusa Mahsuri Award, inspired by Datin Seri Rosmah Mansor, went to High Excellency Dato' Seri DiRaja Tan Sri Tunku Puteri Intan Safinaz Binti Tuanku Abdul Halim Mu'adzam Shah for her excellent achievement and contributions to humanitarian and charity community works, up to international level.

The main objective of the programme was to gather young women irrespective of backgrounds in the country to explore self-potential and roles in shaping the development and gaining positive changes as well as enliven patriotism spirit in them.