SPORTCHECK

Battling Azhar triumphs

IMPRESSIVE: Sprinter overcomes poor start to win 100m gold

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KOLEJ Komuniti Pahang's (KKP) Mohd Azhar Md Ismail proved himself a worthy winner when he overcame a poor start in wet and windy conditions to clinch the men's 100 metres gold medal at the inaugural Malaysian Institutions of Higher Learning Games (SUKIPT) yesterday.

Mohd Azhar clocked 10.82 seconds to seal victory at the National Sports Complex in Bukit Jalil with Universiti Malaya's (UM) Mohd Zabidi Ghazali taking the silver on 10.83s. Universiti Malaysia Perlis' (UniMAP) Mohd Shamimi Azmi finished third in 10.89s.

The 22-year-old, a silver medallist in the event at the 2010 Malacca Malaysia Games, said he was delighted with the win having only recently recovered from an ankle injury he sustained during training in September.

"I am quite happy to win as I was injured just over a month ago and did not expect to recover so well," said Mohd Azhar, who is studying graphics design at KKP.

"The conditions were tough. It had just stopped raining when we ran and I didn't have very good footing at the start.



"I think I was the slowest to come out of the blocks so to be able to recover and win was definitely a good feeling for me."

Mohd Azhar, who was part of the bronze medal-winning 4x100m team at the Indonesia Sea Games last year, said he hoped to build on yesterday's result with a gold medal at the Laos Asean University Games (AUG) in December.

As expected, the women's 100m event saw national athlete Norjannah Hafiszah Jamaludin of UniMAP win in a time of 12.74s. Silver went to Nurul Sarah Abdul Kadir (Universiti Putra Malaysia) who clocked 12.76s while Universiti Malaysia Sabah's (UMS) Merrey Ghazali took the bronze in 13.23s.

In beach volleyball, Universiti Putra Malaysia (UPM) emerged winners of the women's event with a straightforward 21-8, 21-13 win over Universiti Teknologi Malaysia (UTM) in the final.

Universiti Teknologi Mara (UiTM) clinched the bronze with a 21-12, 21-23, 15-12 win over Universiti Kebangsaan Malaysia (UKM).

In karate, UPM proved their dominance in the individual events by clinching four of the six gold medals on offer at the UKM campus in Bangi.

UPM took gold in the men's kumite 55kg (L. Kunasilan), men's kumite 67kg (Uriel Yu), women's kumite 55kg (Yokananthini Murugeesan) and women's kumite 61kg (Mathivani Murugeesan).

The women's kumite 50kg event saw Nur Eleena Anis Abdul Malik of Metropolitan University emerge victorious while Wugindran Raja Saravanan of Manage-



Mohd Azhar Md Ismail jubilates after winning the 100m gold at the Malaysian Institutions of Higher Learning Games yesterday. Pic by Goh Thean Howe

ment and Science Universiti took the gold in the men's 60kg. kumite.

Results — Men's 110m hurdles: 1 Mohd Rohaizad Jamil (UPM) 14.50s, 2 Shahrul Radhi Ahmad Zul (Puo) 15.12s, 3 Alang Rasheddin Jamaluddin (PKK) 15.21s.

400m: 1 S. Kannathasan (UPM) 47.54s, 2 Mohd Arif Zulhilmi Alet (UiTM) 48.33s, 3 Pang Tsun Kuo (UMS) 51.12s.

800m: 1 Nik Hafiz Mohamad (UniMAP) 1:55.48s, 2 Helmi Azri Sohaimi (KKTK) 1:57.90s, 3 Muhd Auf Afibukhari (Instedt) 1:58.40s. Pole vault: 1 Muhd Iqbal Hakim Mustafa Kamal (PMM) 4.30m, 2 Rafiuddin Che Omar (UPM) 3.70m, 3 Aizuddin Sa'di (PMM) 3.70m.

Women's 100m hurdles: 1 Raja Nursheena Raja Azhar (UniMAP) 15.01s, 2 Felnidiah Lok Kassim (UMS) 17.17s, 3 Nuradilah Sulleh (UPSI) 18.75s. 400m: 1 Nurul Faizah Asma' Mazlan (UniMAP) 58.35s, 2 Emmy Ahkim (UMS) 62.61s, 3 Lau Kah Lin (UPM) 63.39s.

800m: 1 K. Ganthimati (UPM) 2:15.19s, 2 Shamala Jeanne Chandran (UPM) 2:40.58s, 3 Sarah Choong (UM) 2:46.86s.

Long Jump: 1 Noor Amira Mohd Nafiah (UPM) 5.53m, 2 Nur Ainaa Raihan Rahimi (Help) 4.88m, 3 Yap Ai Huey (Help) 4.69m.