

Free diabetes screening at UMS Aug 26

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KOTA KINABALU: Malaysian Diabetes Association (Sabah branch) in collaboration with Universiti Malaysia Sabah School of Medicine will hold a free diabetic retinopathy screening.

Diabetic retinopathy is one of the complications of diabetes mellitus, which is getting more common among Malaysians.

Diabetic retinopathy mainly affects those above 35 years of age and those who are slightly overweight. It takes an average of six years to show some clinical signs.

"Patients could have a perfect vision at first before the signs could be seen. Therefore diabetic retinopathy must be detected at the earlier stage so that appropriate treatment could be delivered," the association said in a statement yesterday.

It said that during the event to be held at UMS clinical block (opposite Queen Elizabeth Hospital multi-storey car park) on Aug 26 at 9am, photographs of the eyes will be taken.

"We advise that the person bring a companion as the person may not see well momentarily after the eye photograph-taking test," it said. For details contact Irene Jinon 088-240727, Rosalind Kueh (016-8401872) or Dr Lee Mun Seng (012-4499816).