

UMS Helps Discover Rural School Athletes

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TUESDAY, 8 MARCH –
The CIMB Research Foundation Grant awarded to three Sports Science lecturers of Universiti Malaysia Sabah (UMS) was well used in the 3rd CIMB Run For Life.

The research led by Pathmanathan K. Suppiah was carried out using the medium distance running module to all secondary schools coaches around Ranau and to see the effectiveness of the training as well as to identify the athletes.

A total of 90 students were

involved who were from Sekolah Menengah Kebangsaan (SMK) Mat Salleh, SMK Bundu Tuhan, SMK Ulu Sugut, SMK Lohan, SMK Kemburongoh, SMK Kundasang, SMK Ranau, SMK Timbua and Sekolah Menengah Kebangsaan Agama (SMKA)M. Ali.

Regarding the programme, a total of four categories were featured; boys and girls under 13 categories and boys and girls under 14 categories.

For participant, Jean Eva Saming, her involvement in the programme had improved her personal record when she clinched the champion title in the girls under 14 category.

“I am grateful to the organisers and I believe this activity can be a platform to discover new athletes,” she said.

The champion for group category received cash prize of RM500, a trophy and certificate, whilst 1st runner-up received cash prize of RM300, a trophy and certificate; 2nd runner-up received cash prize of RM200, a trophy and certificate.

Johan category of the event group won a cash prize of RM500, a trophy and certificate, while runners-up received a cash prize of RM300, a trophy and certificate; and third place received a RM200 cash, a trophy and certificate.

Winners for the individual category took home a trophy and certificate each. – (fl)

Source: FPP

