

UMS UPPsiKS Motivates SMK Banggi, Kudat students

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WEDNESDAY, 17 AUGUST – Universiti Malaysia Sabah (UMS) through its Psychology and Social Health Research Unit (UPPsiKS), Faculty of Psychology and Education recently organised a Student Motivation Programme at Banggi Secondary School, Kudat.

The programme was attended by 150 Form Five students of the school in preparation for their sitting in the Malaysian Education Certificate (SPM) examination later this year.

According to UPPsiKS Head, Dr. Ferlis Bullare, the motivation programme was one of UMS' community service programmes to the community, especially to school students.

“Besides doing research activities, community service programme is one way for UPPsiKS to approach and interact with society outside.

“Among the aims of UPPsiKS running this activity is to bring awareness to the community outside of the campus on the existence and services in psychology offered to the community and society in Sabah,” he said.

Dr. Ferlis also hoped that their efforts in organising such events would help students in relation to their personality and increase their motivation in facing the upcoming examination.

The one-day programme among others expose students to know their personality, learning style according to their personality, emotional management skill and identify their emotional intelligence. – (f/)

Source: Psychology and Social Health Research Unit UMS