UMS Enactus Asserts Self-Confidence To AIDS Patients

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FRIDAY, 27 SEPTEMBER – Universiti Malaysia Sabah (UMS) Enactus continues to organise various activities for the underpriviledged to improve the quality of life for these people.

Recently, UMS Enactus through their Unfold Project had organised a programme with HIV and AIDS patients of Rumah Kasih, Kota Kinabalu.

According to the UMS Enactus President, Ilvenie Jemial, the programme focusses on efforts to improve their self-esteem besides promoting an active lifestyle.

"In this project, we also taught them the basic technics of dancing and physical fitness. Among others, zumba and aerobics," she said.

She added that the project was also supported by some gymnasiums and the local community who had helped towards its success.

She said this when contacted by UMS Chancellery Department Media Division.

UMS Enactus team was the Champion at the Enactus Malaysia National Exposition (EMNE 2013) and will be representing the country to the World Cup Enactus at Cancun, Mexico on 29 September until 1 October. - *FL*

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