

# Monsoon Camp 2014 Trains Children's Mental Endurance

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**MONDAY, 22 DECEMBER** – Universiti Malaysia Sabah Housewives and Women's Club (KESUMBA) once again successfully organised a Monsoon Camp 2014 held at the Outdoor Development Centre (ODEC) UMS, recently.

The programme which was participated by 44 participants from among KESUMBA members' children as well as UMS staff was the third edition organised by KESUMBA.

According to a statement issued by KESUMBA, the programme was aimed at training mental endurance and survival skills of its participants besides fostering sporting spirit and unity, thus promoting closer rapport among participants.

The closing ceremony of the Monsoon Camp 2014 was officiated by the President of KESUMBA, Datin Baidah Ibrahim on the last day of the programme.

The Monsoon Camp 2014 programme was jointly organised by the Sports and Recreation Bureau of KESUMBA and the Health and Fitness Club under UMS Sport Science Programme. – *HH (fl)*

Source: KESUMBA

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