

# Marriage and Family Therapy Intensive Course

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**UMS**  
UNIVERSITI MALAYSIA SABAH  
PERDESA

**An Intensive Course On  
MARRIAGE & FAMILY THERAPY**

**3 Days Intensive Course \* Practical \* Fun \* Applicable**

**Learn Scientifically Based Method**

This program covers the theory concerns and approaches of couple and family therapy practice. It is designed for human services professionals, therapists and religious leaders who wish to increase their knowledge and practice capabilities in marital and family services.

**DURATION & TIME**  
This is 3 days (24 lecture hours) intensive program from 9am to 5pm.

**TEACHING APPROACH**  
Our training approach is based on adult experiential learning principles in which the participant is regarded as the most important ingredient in the learning process. The curriculum and interactive learning environment provide the opportunity to discuss, apply, reflect and acquire hands-on skills. Skills gained can be introduced immediately into the participant's personal and professional lives.

**TOPIC TO BE COVERED**  
Marriage Counseling – Getting to the Heart of Caring Relationships  
Family Counseling Techniques  
Counseling Couples in Good Communications  
Counseling Couples in Parenting and Family Relations  
Cognitive Behavioral Therapy for Couples

**COURSE FEE**  
RM500 For non-PERDESA and non-UMS, RM300 for UMS staffs and PERDESA members. Please pay before 1st February 2015. Payment can be via Cash/Cheque/LPO/Online Payment (1007096374050-CIMB).

**5-7 February 2015**  
Thur-Sat \* 9am to 5pm

**Venue :**  
NURSING CLINICAL BLOCK  
KINGFISHER UMS

**CONTACT PERSON :**  
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**ORGANISED BY: PERDESA & FACULTY OF MEDICINE & HEALTH SCIENCE UMS**

**WEDNESDAY, 14 JANUARY** – Universiti Malaysia Sabah (UMS) through the Faculty of Medicine and Health Sciences (FKSK) will be organising an intensive course on Marriage and Family Therapy from 5-7 February 2015, between 9.00 am until 5.00 pm.

According to a statement issued by FKSK, the course which will be held at the Nursing Clinical Block, Kingfisher UMS will cover the theory concerns and approaches of couple and family therapy practice.

It is also designed for human services professional therapists and religious leaders who would like to increase their knowledge and practice in marital and family services.

The workshop will be conducted by Dr. Fred Toke and the teaching approach is based on adult experiential learning principles.

The curriculum and interactive learning environment provide opportunities to discuss, apply, reflect and acquire hands-on skills.

Among the topics which will be covered includes Marriage Counseling – Getting to the Heart of Caring Relationships, Counseling Couples in Good Communications and Cognitive Behavioural Therapy for Couples.

The course fee is RM300 for UMS staff and Persatuan Perubatan Desa Sabah (PERDESA) members, and RM500 for other participants.

For more information, please contact Atiqah at 014-3509402, Carrie 019-8938352, Chong Li Tsu 013-8915797 or Jecelyn at 016-8376038. – FL

Media and Citra Division