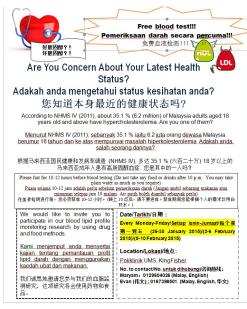
FMSP Invites Staff and Their Family For Free Health Test

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FRIDAY, 30 JANUARY – The Faculty of Food Science and Nutrition (FSMP) Universiti Malaysia Sabah (UMS) invites staff and family members of UMS for a free health examination.

The health examination programme is a study under the Fundamental Research Grant Scheme (FRGS) on the effectiveness of probiotic and prebiotic intake with or without dietary fibre to help lower cholesterol level and improve blood lipid profile.

According to a statement issued by FSMP, the results of these studies will lead to the establishment of practice guidelines for the dietary management of hypercholesterolemia (high cholesterol).

The statement added that the test will be conducted from 26 to 30 January, 2 to 6 February and 9 to 11 February at UMS Polyclinic at Kingfisher,

Kota Kinabalu.

FSMP advised all participants who will be involved in this study to fast for 10 to 12 hours before a blood test is done. However, they are allowed to drink water as much as necessary.

More information about the test can be obtained by contacting Maryam (012 6904026) or Evan (016 7395801). - ZMD (fl)

Media and Citra Division