

Development Program on Community in Kudat (Series 2)

By: Emily

This leadership development in the community of Kudat district is organized by Rural Medicine Research Unit (RMRU), School of Medicine. This workshop was officiated by the Assistant District Officer from the JKKK Kudat, Encik Yassin Nasir. The Rural Medical Education Centre (RMEC) is a potential to provide a convenient place for these efforts and the training of villagers can easily be carried out due to the presence of the medical and support staff at the UMS Polyclinic. The RMRU and RMEC has joined forces together in reaching out to the rural community by forming smart partnerships also with the help from the School of Social Science for facilitating in this workshop, e.g. the Pupuk program, Carrying out Health Education and Promotion activities, research activities and TOT in aerobics to village volunteers in an attempt to promote lifestyle changes and prevent obesity.

The chairperson for this workshop is AP Dr Than Myint and the session was successfully conducted by Dr Roslee Haji Abbas and AP Dr Amalina Emran together with the 7 assistant facilitators during the workshop. There are 42 participants together with recognized leaders selected from different new villages of Kudat district in RMEC, Sikuati, Kudat including the six leaders chosen on the previous workshop done.

