

UMS POST-CONFERENCE PROJECT

The conclusion of UMS Post-Conference Project with a big bang proved that successes do have humble beginnings. What began as a small idea slowly expanded into a huge vision which finally materialized between the 15th and 18th of January 2009 in Universiti Malaysia Sabah. The members of the Asian Medical Students' Association (AMSA) of UMS took up the challenge of organizing the first post-conference project ever to be held in the state of Sabah as well as in the region. They braved all odds in successfully organizing this unique programme, thus achieving yet another milestone both for AMSA UMS as well as the School of Medicine, UMS. After months of brainstorming, formulating, discussing and organizing, the time had finally come for the post-conference project with the theme "Non-communicable diseases and health promotion" to begin. Events held in this programme included a visit to Likas Hospital by the delegates, paper presentations on public health programmes organized by various universities, a cultural night with various dances and a one-day health promotion programme held in Kepayan, Penampang. The event ended with a relaxing trip organized for the delegates to the highlands of Kundasang.

The UMS Post-Conference Project was indeed a huge success. The director of this Post-Conference Project, Mr Cheo Seng Wee, when interviewed stated clearly of his vision to pass down the torch to the juniors to continue on this beneficial project and maybe making this an annual event held by UMS AMSA members in the future.

By Chong Karleen

