## Winner of the Best Book Award

ongratulation to Assoc. Prof. Dr. Ahmad Tarmizi Abd. Rahman - on two fronts; firstly, for the publication of his book, Khalwah: A Solitary Sufi Retreat by the university; and secondly for picking up a First Class Award (Sosial Sciences and Humanities category) for the same publication at the Innovation Award Ceremony 2010.

Dr. Ahmad Tarmizi's study focuses on khalwah ( spiritual seclusion), one of the most important spiritual practices by some members of tarigah in Zawiyah Madrasah al-'Ilm, which is situated in Penor, Kuantan, Pahang. The study concludes by asserting that khalwah can meet the spiritual needs of Malaysian Muslim.

