

# Kundasang kids found to be malnourished: UMS

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**KUNDASANG:** 17 medical and nursing students from the Faculty of Medicine and Health Sciences (FMHS) Universiti Malaysia Sabah (UMS) brought cheer to the villagers of Kampung Kauluan, here recently.

The group which was led by Nazirul Izzat did a noble health promotional activity for 10 days at the village, where they managed to identify several health issues among villagers such as hypertension and diabetes.

“These are most likely due to their poor lifestyle habits and lack of awareness towards the importance of health.

“To address some of the health issues, our group conducted several health education programmes on hypertension-diabetes prevention.

“From our study, we discovered that about 15pc of the villagers aged 40 years and above have hypertension, he said in a statement yesterday.

Joining hands in the group’s health promotion event were Dutch Lady Milk Industries (M) Bhd and Speedmart 99 which donated several milk and food items to the people of Kauluan village.

According to Nazirul, the group also found that many of the children were malnourished.

He says this is evident from their growth charting which



**Primary school students Kg Kauluan recently during their health promotion activities.**

showed less than the 3rd centile, which is very alarming.

“Upon questioning, many of the parents revealed that their children have difficult access to good nourishment.

Kampung Kauluan needs serious attention, it is a very remote village and the roads are uneven which pose difficult access for the villagers.

There is no proper electricity and water supplies to the village,” he added.